



NUTRITIONAL INFORMATION

PERCENT OF DAILY VALUES

	Serving Size	Servings by	Calories	Calories from Fat	Fat (g)	Sat. Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron
Create Your Own		grams														
Small	Small	156	251	113	15	8	70	160	35	0	28	7	11	0	21	0
Regular	Regular	227	365	165	22	12	101	232	51	0	40	10	16	0	30	0
Large	Large	312	502	226	30	16	139	320	70	0	56	14	22	0	42	0
<i>(see topping chart for topping servings)</i>																
Signature Sundaes																
Banana Split	Signature	573	960	368	47	16	116	380	133	11	94	36	20	50	39	11
Grizzly Cub	Signature	333	793	380	47	23	102	520	93	4	70	23	16	0	41	16
Hot Fudge Brownie	Signature	367	815	285	32	20	147	501	117	3	90	17	18	0	39	18
Strawberry Shortcake	Signature	232	361	137	16	9	76	174	52	2	43	9	12	26	23	0
Mud Sundae	Signature	331	660	210	25	14	104	320	109	2	81	12	16	0	34	7
PB Mountain	Signature	317	822	433	49	17	103	552	78	4	59	21	16	0	33	7
Strawberry Delight	Signature	312	558	221	26	13	101	252	80	2	62	12	16	26	30	1
Turtle Sundae	Signature	332	738	319	38	18	104	477	99	3	74	14	16	0	38	9
Kid's Sundae																
Cookie Dough Rock Slide	Kids	113	340	180	21	9	33	208	35	0	20	6	5	0	11	10
Kid's Crunch	Kids	113	321	115	13	7	34	139	47	1	32	4	5	0	11	11
Monkey in the Middle	Kids	136	173	49	7	4	31	73	31	1	22	9	6	16	10	1
Worm's n Dirt	Kids	108	292	90	10	6	45	180	45	1	33	4	5	0	10	15